

# RESEARCH PARTICIPANTS NEEDED FOR SOCIAL MEDIA STUDY



## Do you use social media? Do you ever feel like you might use social media too much?

The purpose of this study is to gather insights from people to identify similarities and differences in perspectives of social media overuse and addiction. Our goal is to better understand how we define social media addiction to inform how we might identify it as well as provide support that best fits the needs of people who experience negative effects of social media overuse.

**What's involved:** Up to 1 hour interview via Zoom

**Compensation:** \$20 e-gift card

### Eligibility:

- You can read/write in English
- You are 18 years old or older
- You are currently using or have used social media (e.g., Snapchat, Instagram, TikTok, Facebook, Twitter, etc.)
- You feel like you use social media too much or too often OR self-identify as being “addicted” to social media

**Link to sign up:**

<https://bit.ly/SocialMediaStudyInterestForm>